

enjoy YOGA

@ the Bar Association

A great start to your week

2 classes on Tuesdays

- ♦ mornings 7:15-8:15am*
- ♦ lunchtimes 1-2pm*

All levels welcome - Join us

The Common Room

LG Floor, Selbourne Chambers

Experience a welcoming & convenient environment for those in the law profession to meet each other on the yoga mat & benefit from renewed energy, relaxation & focus

Classes are taught in a safe, intelligent manner with an occasional giggle for good measure!

*Simply turn up with your mat and pay casually
@ \$20 per class*

For more information - Jolie 0414092502